

#### OFFICE OF THE REGISTRAR::DIBRUGARH UNIVERSITY::DIBRUGARH

No. DU/DR-A/8-1/20/1109

Date: 29.12.2020

#### **NOTIFICATION**

Sub: Syllabi of Skill Enhancement Courses (SECs) for B.A./B.Sc./B.Com. Programmes in CBCS (Notification-II).

In continuation to the notification (Notification-I) issued by the office of the undersigned vide Memo No. DU/DR-A/8-1/20/1089, dated 18.12.2020 regarding syllabi of SECs and under report to the Under Graduate Board, the Hon'ble Vice-Chancellor, Dibrugarh University is pleased to approve the following syllabi as the Two (02) Credit Skill Enhancement Courses (SECs) for the B.A./B.Sc./B.Com. Programmes in CBCS with immediate effect.

- 1. Health and Sanitation Practices.
- 2. Wildlife Photography.
- 3. Teaching in Elementary Level.

All other points as mentioned in the aforementioned notification shall remain same.

Arinjit Hazarika

Joint Registrar (Academic) i/c

Dibrugarh University

#### Copy to:

- 1. The Hon'ble Vice-Chancellor, Dibrugarh University, for favour of information.
- 2. The Deans, Dibrugarh University, for kind information.
- 3. The Heads/Chairpersons of the Teaching Departments/Centres of Studies, Dibrugarh University, for kind information.
- 4. The Director, IQAC, Dibrugarh University, for information.
- 5. The Controller of Examinations, Dibrugarh University, for information.
- 6. The Director, College Development Council, Dibrugarh University, for information.
- 7. The Principals of the Colleges/Institutes affiliated to Dibrugarh University offering B.A./B.Sc./B.Com. Programes in CBCS for kind information and necessary action.
- 8. The Joint Registrar (Administration), Dibrugarh University, for information.
- 9. The Joint/Deputy Controllers of Examinations-'C' and 'A', Dibrugarh University, for information.
- 10. The Academic Officer, Dibrugarh University, for information.
- 11. The Programmer, Dibrugarh University, requesting him to upload the notification in the website.

12. File.

Arinjit Hazarika

Joint Registrar (Academic) i/c

Dibrugarh University



#### OFFICE OF THE REGISTRAR::DIBRUGARH UNIVERSITY::DIBRUGARH

#### The syllabi of the

# Skill Enhancement Courses for the B.A./B.Sc./B.Com. Programmes in CBCS (For All Subjects of all Streams including both Honours and Non Honours)

(Approved by the Hon'ble Vice-Chancellor, Dibrugarh University under report to the Under Graduate Board, Dibrugarh University)

Reference: Notification issued vide No. DU/DR-A/8-1/20/1109, dated 29.12.2020

#### This Notification contains the syllabi of:

- 1. Health and Sanitation Practices.
- 2. Wildlife Photography.
- 3. Teaching in Elementary Level.

#### Skill Enhancement Course for Under Graduate Programmes in CBCS

**Subject: Health and Sanitation Practices** 

Course 1 (for 3<sup>rd</sup> or 5<sup>th</sup> Semester Classes)

#### HYGIENE AND SANITATION BEHAVIORS TOTAL CREDIT: 2

### Learning outcomes: It will enable the students -

- To learn, understand about hygiene behavior and sanitation.
- To understand the causes how certain unhygienic behavior are related to diseases.
- To know how motivation can change behaviors.
- To identify the role of social cognitive aspects of health and hygiene behaviors.
- To realize the need to create awareness and bring the change.

UNIT	CONTENS	No. of	No. of	No. of
		Lectures	Tutoriais	Practicals
T	Concept of hygiene and behavioural	12	6	0
_	aspect of health and hygiene			
ł	<ul> <li>Understanding hygiene promotion,</li> </ul>			
	hygiene and sanitation behaviour and			
	hygiene education			
	<ul> <li>Identifying focus groups and</li> </ul>			

	T			
	<ul> <li>prioritizing practices</li> <li>Concepts and Relevance of Hygiene promotion projects</li> <li>MDGs and SDGs</li> </ul>			
II	<ul> <li>Linking attitude and behaviour towards hygiene and sanitation</li> <li>Theories of attitude change</li> <li>Identify the risk factors to sanitation and hygiene behaviour</li> <li>Barriers to Sanitation and Hygiene Promotion</li> <li>Link between active community participation in hygiene promotion and sustaining hygiene behaviour</li> <li>Reasons to adopt health behaviours and the role of focus group discussions</li> </ul>	13	4	0
III	<ul> <li>Motivation to practice</li> <li>Analyzing the myths of hygiene promotion</li> <li>Opportunities for behaviour change -Strategies to trigger and sustain behavior change         <ul> <li>Linking active community participation in hygiene promotion and sustained hygiene behaviour</li> <li>Individual Vs. Communal behaviour change</li> <li>Drivers for behavioural change: disgust, nurture, affiliation, comfort, attraction</li> <li>Sustaining behavioural change</li> </ul> </li> </ul>	12	6	0
IV	<ul> <li>Evaluation, promotion and sustainability of adapted behaviours</li> <li>Encourage continued use by emphasising changed behaviours</li> <li>Social Networks, Social Support, Social Recognition</li> <li>Use of Adapted Behaviours and Promotion</li> <li>Testimonial Reminders and Repetition</li> </ul>	13	4	0

#### **READING LIST**

- 1. Aunger R, Schmidt W. Three kinds of psychological determinants for hand washing behavior in Kenya. Soc Sci Med. 2009;70:383–391.
- 2. Drummond RP, Stevenson R.(2009) Can the emotion of disgust be harnessed to promote hand hygiene? Experimental and field-based tests. Soc Sci Med.
- 3. Esrey ,S.A et al (1991). Effects of improved water supply and sanitation on ascariasis ,diarrhea, dracunculiasis, hookworm infection, schistosoiasis , and trachoa. Bulletin of the World Health Organization, Vol 69(5)
- 4. Judah G, Aunger R, Schmidt WR, Michie S, Granger S, Curtis V(2009). Experimental pretesting of hand-washing interventions in a natural setting. Am J Public Health
- 5. Rachel S Newson, Rene Lion, <u>Robert J Crawford</u>, <u>Valerie Curtis</u>, <u>Ibrahim Elmadfa</u>, <u>Gerda IJ Feunekes</u>, <u>Cheryl Hicks, Marti van Liere</u>, <u>C Fergus Lowe, Gert W Meijer</u>, <u>BV Pradeep, K Srinath Reddy</u>, <u>Myriam Sidibe</u> and <u>Ricardo Uauy</u> (2013), Behaviour change for better health: nutrition, hygiene and sustainability, BMC Public Health.
- 6. Valerie A. Curtis, Lisa O. Danquah and Robert V. Aunger(2009), Planned, motivated and habitual hygiene behavior: an eleven country review, Health education Research.

#### Skill Enhancement Course for Under Graduate Programmes in CBCS

**Subject: Health and Sanitation Practices** 

Course 2 (for 4th or 6th Semester Classes)

## HEALTH, SOCIAL AND BEHAVIOUR CHANGE COMMUNICATION CREDIT: 2

## Learning outcomes: It will enable the students -

- To provide with in-depth understanding of the concept, role and significance of communication in social development and behavioural change as regards to health, sanitation and hygiene.
- To design and use creative and persuasive media content targeting specific audiences/groups in the field of public health.
- To use of media and design media contents to raise awareness and encourage behavioural and social change.
- To use various messages/stories, formats, creativity, learning, persuasion and the confidence to start putting them into practice to promote and sustain public health and wellbeing.

UNIT	CONTENS	No. of Lectures	No. of Tutorials	No. of Practicals
I	<ul> <li>Communication, society and health</li> <li>Health and Communication: Concepts and Relevance of Health, Social and Behavioural Change Communication in Developing Nations</li> <li>Application of Media Theories in Health Communication: Agenda Setting, Media Effects, Media Influence Theory (Uses and Gratification), Cultural Study Theory, Communication for Developmental and Participatory Theory</li> <li>Community Health and Social Mobilisation: Information, Education, Advocacy, Behavioural Change Communication, Public Policy Promotion</li> </ul>	12	6	0
II	<ul> <li>Models/approaches to health, social and behavioural change communication</li> <li>Social and Behavioural Change Communication Model (SBCC)</li> <li>Assessment, Communication Analysis, Design, Action Model (ACADA)</li> <li>Communication for Behavioural Impact Model (COMBI)</li> <li>Health Campaigning Model: Persuasion Model, Health Belief Model, Stages of Change (Transtheoretical Model (TTM)</li> <li>Social Learning Theory</li> </ul>	13	4	0
III	Techniques, process design of health and SBCC/communication strategy outlines  • Situation Analysis, Case Studies, Research  • Audience Segmentation/Social Auditing/Mapping  • Behavioural Change Objectives,  • Strategic/Polymorphic Approach  • Choices of Communication Channels  • Message Brief Implementation and Monitoring	12	6	0

IV	Evaluation, promotion and sustainability	13	4	0
	of adapted behaviours			
	<ul> <li>Encourage continued use by</li> </ul>			
	emphasising changed behaviours			
	<ul> <li>Social Networks, Social Support,</li> </ul>			
	Social Recognition			
	<ul> <li>Use of Adapted Behaviours and</li> </ul>			
	Promotion			
	<ul> <li>Testimonial Reminders and Repetition</li> </ul>			

#### Reading List:

- 1. Ahmed, Rukhsana & Bate, R. Benjamin (2013). Health Communication and Mass Media: An Integrated Approach to Policy and Practice, Burlington: Gower Publishing.
- 2. Melkote, R.S and Steeves, H.L (2015). Communication for Development: Theory and Practice for empowerment and social Justice, New Delhi: Sage
- 3. Murthy, DVR (2006). Development Communication: What Next? An Agenda for the Press, New Delhi: Kanishka Publishers.
- 4. N.A. (2013). A Field Guide to Designing: A Health Communication Strategy: A Resource for Health Communication Professionals, Bloomberg School of Public Health.
- 5. Obregon, Rafael and Waisbord, Silvio (2012). The Handbook of Global Health Communication. West Sussex: John Wiley & Sons
- 6. Ray, B. Eileen (2005). Health Communication in Practice: A Case Study Approach, New Jersey: Lawrence Erlbaum Associates.
- 7. Servees, Jan (2008) Communication for Development and Social Change, New Delhi: UNESCO
- 8. Vilanilam, V.J (2009). Development Communication in Practice: India and the Millennium Development Goals, New Delhi: Sage.

#### SUBJECT: WILDLIFE PHOTOGRAPHY

## Total Credit: 2

(Course I: Basics of Wildlife Photography)

#### **COURSE OBJECTIVES**

This course is designed to:

- Understand the subject areas of wildlife and their habitat.
- Critically evaluate photographic processes of nature and wildlife within the larger context of biodiversity documentation.
- Understand conservation photography and challenges of wildlife photography.

#### **LEARNING OUTCOMES**

After completion this course students should be able to:

- Engage in digital photography and post processing of wildlife photography.
- Pursue research for effective photographic documentation.
- Opt for wildlife photography as a career.

#### **COURSE CONTENTS**

UNITS	TOPIC	CONTENTS	L	Т	P
1	Understanding the craft of photography	<ul> <li>Principles of photography: Definition of terms</li> <li>Light &amp; fundamentals of photography equipments.</li> <li>Basic theory of exposure in digital photography</li> <li>Depth of field, focusing and hyper-focal distance.</li> <li>Dynamic range, color space</li> <li>Image formats, basics of RAW image processing, white balance, levels, curves, sharpness, vibrance and saturation.</li> <li>Exposure metering and exposure modes</li> <li>Post processing using various software (Adobe Photoshop, Adobe Lightroom )</li> </ul>	06	02	04
2	Understanding the art of photography	<ul> <li>Thumb rules of composition, utilizing color, lines.</li> <li>Fundamentals of lighting</li> </ul>	02	02	02

3	Wildlife	Overview of species and habitat diversity,	04	02	04
	Photography	Wildlife monitoring with special emphasis on			
		mammals, birds, herpetofauna and butterfly			
		identification.			
		Studying wildlife behavior, predicting or anticipating			
		wildlife action			
		Understanding of the subject and its importance,			
		Knowledge of distribution and behavior, anticipation			
		of moments, approaching wildlife.			
		Wildlife ecology in North East India.			
		Equipment requirements and handling.			
4	Photography	Importance of biodiversity conservation,	03	02	04
	for	Storytelling through photography			
	Conservation	Case studies			
5	Ethics and	General ethics in photography	01		
	Intellectual	Ethics and laws related to wildlife photography			
	Property	Intellectual Property Rights			
	Rights	Challenges in field photography			
6	Project work	Pre-shooting homework		1	10
		Planning		œ	
		Fieldwork			
		TOTAL CONTACT HOURS	16	04	12

#### **KEY READINGS**

- Langford Michael, Fox Anna and Sawdon Smith Richard. (2010). Langford's Basic Photography The Guide for Serious Photographers (9th Ed). Focal Press
- Ang, Tom (2014). Photography: The Definitive Visual History. London: DK Publishers
- Ang, Tom. (2013). Digital Photography Masterclass. London: DK Publishers
- Freeman, Michael (2007). The Photographer's eye. London: Focal Press
- Davis, Harold and Davis Phyllis. (2011). the Photoshop Darkroom 2. London: Focal Press
- Kelby Scott. (2011). Light it, Shoot it, Retouch it. San Fransisco: New Riders
- Adobe CreativeTeam (2012). Adobe Photoshop CS6 Classroom in a Book. California:
   Adobe Press
- Grimmett, Richard and Inskipp Tim and Carol. (2011). Birds of the Indian Subcontinent. Oxford Press. Second Edition
- National Geographic & Spelman, Lucy H. (2012). National Geographic Animal Encyclopedia. National Geographic Books.

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#### SUBJECT: WILDLIFE PHOTOGRAPHY

#### Total Credit: 2

(Course II: Wildlife Photography - II)

#### **COURSE OBJECTIVES**

This course is designed to:

- Understand the composition in wildlife photography.
- Understanding and overcoming challenges in wildlife photography.

#### **LEARNING OUTCOMES**

After completion this course students should be able to:

- Engage in digital photography and post processing of wildlife photography.
- Pursue research for effective photographic documentation.
- Opt for wildlife photography as a career.

#### **COURSE CONTENTS**

UNITS	ТОРІС	CONTENTS	L	T	P
1	Composition in photography	<ul> <li>Different rules of Composition</li> <li>Subject positioning and angle</li> <li>Shape, pattern and textures</li> <li>Shot size</li> </ul>	06	04	04
2	Wildlife photography	<ul> <li>Understanding wildlife</li> <li>Equipment for wildlife photography</li> <li>Photojournalism in wildlife conservation</li> <li>Challenges in wildlife photography</li> <li>Ethics in Wildlife Photography</li> <li>Case Studies</li> </ul>	06	02	04
3	Photo Editing	<ul> <li>Selection of photograph</li> <li>Caption and Cut line</li> <li>Editing</li> <li>Multimedia photo presentation</li> </ul>	04	02	06
4	Practicum	<ul><li>Photowalk</li><li>Photo Feature / Photo Story</li></ul>		,	10
		TOTAL CONTACT HOURS	16	04	12

#### **KEY READINGS**

- Langford Michael, Fox Anna and Sawdon Smith Richard. (2010). Langford's Basic Photography The Guide for Serious Photographers (9th Ed). Focal Press
- Ang, Tom (2014). Photography: The Definitive Visual History. London: DK Publishers
- Ang, Tom. (2013). Digital Photography Masterclass. London: DK Publishers

- Freeman, Michael (2007). The Photographer's eye. London: Focal Press
- Davis, Harold and Davis Phyllis. (2011). the Photoshop Darkroom 2. London: Focal Press
- Kelby Scott. (2011). Light it, Shoot it, Retouch it. San Fransisco: New Riders
- Adobe CreativeTeam (2012). Adobe Photoshop CS6 Classroom in a Book. California: Adobe Press
- Grimmett, Richard and Inskipp Tim and Carol. (2011). Birds of the Indian Subcontinent. Oxford Press. Second Edition
- National Geographic & Spelman, Lucy H. (2012). National Geographic Animal Encyclopedia. National Geographic Books.

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### SKILL ENHANCEMENT COURSE

## SUBJECT: TEACHING IN ELEMENTARY LEVEL CREDIT: 02

[MARKS: 50 (IN-SEMESTER: 10; END-SEMESTER: 40)]

Course Code	Title	Туре	Marks		
			I.A.	End	Total
				Sem.	
SEC-I	Basics of Teaching in Elementary Level	Theory	10	40	50
SEC-II	Aspects of Teaching-Learning	Theory	10	40	50
JES II	Process				

#### COURSE CODE: SEC-I COURSE TITLE: BASICS OF TEACHING IN ELEMENTARY LEVEL TOTAL MARKS: 50 (IN-SEMESTER: 10; END-SEMESTER: 40)

#### **Course Content:**

Unit	Content	Marks	L	P	T
I	Concept of Elementary Education in India & Assam  1.1 Concepts of Elementary Education. Constitutional provisions of Elementary education in India  1.2 Recent Developments: Central & State sponsored scheme.	10	2 4		01
II	Human Growth & Development Stages.  2.1 Concepts Human Growth & Development  2.2 Characteristics of Childhood & Adolescence.  2.3 Behavioural Taxonomy (cognitive, affective, psychomotor domain)	10	2 3 4		01
ĪII	Curricular & Co-curricular activities: 3.1 Concepts of Curricular & Co-curricular activities. 3.2 Organization of Curricular & Co-curricular activities.	10	2 3		01

IV	<ul> <li>Examination &amp; Evaluation.</li> <li>1.1 Concepts &amp; Needs of Examination &amp; Evaluation.</li> <li>1.2 Tools of Evaluation, Continuous &amp; Comprehensive Evaluation.</li> </ul>		2 4	01	
	Total	40	26	4	١

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Course Code: SEC-II

Course Title: Aspects of Teaching Learning Process

TOTAL MARKS: 50 (IN-SEMESTER: 10; END-SEMESTER: 40)

#### **Course Content:**

Unit	Content	Marks	L	P	T
I	Teaching-Learning Process.  1.1Concept and nature of Teaching –Learning Process.	10	1		
	1.2 Maxims of teaching.		2		
	1.3 Learner centred approaches, Learning by doing, Joyful learning, Play way method.		4		01
П	Lesson Plan and Audio-Visual Aids.	10		_	
11	2.1 Concept and Types of Lesson Plan 2.2 Characteristics of good Lesson Plan. 2.3 Meaning, Nature Needs and Types of Audio-Visual Aids.	10	1 2 3		01
III	Organization and Management of Elementary School.  3.1 Concept of Management and Organization of school.	10	2		01
	3.2 Qualities, Duties and Responsibilities of Teacher and Head.		3		

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<ul> <li>4.2 Concept and characteristics of the following categories of children:     Gifted, learning disabled, visually impaired, hearing impaired.</li> <li>4.3 Education of exceptional children.</li> </ul>		2	01
 Total	40	26	4

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#### Reference:

10. Kochar, S.K.

11. Siddhu, K.S.

1. NCERT, New Delhi : A Handbook on Question Paper Setting, New Delhi **NCERT** 2. Dr. K.K. Deka & Dr. M. Hazarika : Anu Sikshan (Microteaching), Banalata, Dibrugarh : Methods and Techniques of Teaching, 3. Kochhar, S.K. Publisher, New Delhi : The Principles and Methods of Teaching. 4. Bhatia and Bhatia : Snatak Mahalar Sikshadanar Paddhati Aru 5. Borkakoti, B Koushal. 6. Deka, K.K. and Hazarika, M. : Anusikshan, Banalta, Dibrugarh 7. Goswami R.K. : Sikshadanar Paddhati Aru Koushal. 8. Kochhar S.K. : Teaching of Social Studies. 9. Sarma and Sarma : Teaching of Science.

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: Teaching of Literature.

: The Teaching of Mathematics, Sterling Publication.